Dr Larry Nims **comprehensive BSFF** ebook, can be downloaded at

http://theamt.com/store/
For a comprehensive source of lists go to

## **BSFF SETUP & Protocol**

Flow Chart (Vs. 2.0. 9 Mar 02)

**Energy Setups** 

**Acknowledgements: BSFF was** developed by Dr Larry Nims. This flow chart is based on Christine Sutherlands work, and was compiled by Malcolm Slyper. Suggestions and improvements are encouraged. Please email them to Coatzalcoatl@hixnet.co.za

> Correction Drill

## **Clear Concise instructions to SCM** (Setup Statement)

Command & Code word

## **Muscle Test Two Statements**

- .1 I Believe I can use thus simple technique..
- .2 My SCM will do this for me

Yes

No

Goal: I Easily & Successful Apply BSFF in any area of my life that I may choose

> Test & Clear Stoppers: List 1

Note: Test the goal by means of a MT. Could be weak. Compare to another test at the end of the procedure.

There is at least one problem preventing me from making full use of this technique

> Establish # of problems

It is possible to treat all of these with one application of BSFF

SCM, first problem that prevents me No from using BSFF "TREAT THAT: Code" Treat the Problem Repeat for 2<sup>nd</sup> 3<sup>rd</sup> etc etc Retest: "there are no problems what so ever that stop me from using BSFF There is at least one problem preventing me from making full use of this technique **Self Esteem** Issues :list 4 Yes No Big Guns Evoke Higher Help **Unconcious** Injunctions/Saftey Treat Anger & Do Forgiveness Affirmation issues :list 2

> Test Your Goal. Should test strong! Congrats, you have just set up BSFF.

List 5

## **BSFF 4 Public Speaking**

Flow Chart (vers 1 Mar 02)

**Energy Setups** 

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Drill

Note: Test the goal by means of a MT. Could be weak. Compare to another test at the end of the procedure.

Goal: I am confident and self assured when speaking in Public: TEST Command & Code word Correction

**Muscle Test Two Statements** 

- .1 I Believe I can use thus simple technique..
- .2 My SCM will do this for me



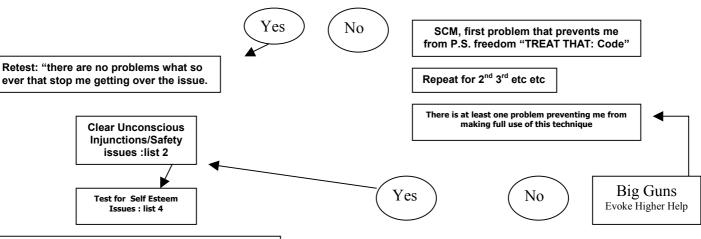


Test For all Stoppers to using BSFF on this issue :List 1

Test, Treat until Clear of

Draw Up a Comprehensive list of all problems and assoc symptoms relating to Public Speaking issue. Eg Nervousness, uhmming, butterflies, whatever else manifest when challenged

> It is possible to treat all of these with ONE application of BSFF



**Treat Anger & Do Forgiveness Affirmations** List 5

> Test Your Goal. Should test strong! Congrats, you have just cleared the P.S issue

Treat Mulitiple times eq "SCM Treat That 10 000 time." If still no joy go for higher help